

## Access PDF Dot Guidelines For Physicians

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### **Dot Guidelines For Physicians**

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A Department of Transportation (DOT) physical examination must be conducted by a licensed "medical examiner" listed on the Federal Motor Carrier Safety Administration (FMCSA) National Registry. The term includes, but is not limited to, doctors of medicine (MD), doctors of osteopathy (DO), physician assistants (PA), advanced practice

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nurses (APN), and doctors of chiropractic (DC).

### **DOT Medical Exam and Commercial Motor Vehicle ...**

The CDL physical test must be conducted by a qualified medical examiner listed on the FMCSA National Registry. DOT physical exams are

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generally administered by approved doctors of medicine, physician assistants, doctors of chiropractic, advanced practice nurses and doctors of osteopathy.

### **CDL Physical And Medical Requirements | DMV.com**

provide a quick reference source for

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questions that may arise while performing a DOT physical examination. These are the current guidelines. Further recommendations may be pending by expert panels but have not been approved by the FCMSA. Driver's Duties may include:

- Coupling and uncoupling trailers from tractors
- Loading and unloading



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## **QUICK REFERENCE GUIDE FOR DOT PHYSICAL EXAMINATIONS**

DOT CDL Physical Exam Physicians Instructions 391.43 (a) (FMVSR) Except as provided by paragraph (b) of this section, the medical examination shall be performed by a licensed medical examiner as defined in §390.5 of this

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subchapter. A Department of Transportation (DOT) physical examination is conducted by a licensed "medical examiner."

## **DOT CDL Physical Exam Medical Examiner Instructions**

DOT medical guidelines outline the health criteria that commercial vehicle

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drivers must meet to qualify for certification. One health condition that is closely reviewed by the DOT is diabetes. Individuals with known or suspected diabetes are required to provide specific medical information to the DOT-certifying physician regarding diabetic control.

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## **DOT MEDICAL GUIDELINES -DIABETES | Same Day DOT Physicals ...**

Drivers will be required to certify that the information they give is accurate and true, and that false or missing information may, and probably will, invalidate their Medical Certificate. Drivers can look over the Official Medical

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Examination Report 649-F (6045) that your Medical Examiner will fill out and transmit to the DOT after your physical.

### **DOT Physical - The Complete Guide**

For commercial motor vehicle (CMV) drivers, the most important safety feature is YOU - the driver! Each time you turn the key, you are responsible for

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your own safety, as well as the safety of all the people who share the road with you. The physical examination you take for your medical certificate confirms that you are healthy enough to safely perform the demanding job of a CMV driver and ...

### **Driver Medical Fitness for Duty -**

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## **fmcsa.dot.gov**

Following are the existing guidelines, with the MRB's recommended changes in bold. Section 1: Drivers without known heart disease. The Medical Expert Panel (MEP) recommends that the currently used definition for abnormal exercise tolerance testing (ETT) should be revised so that it is defined as an inability to

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exceed 6 METS (metabolic equivalents) on ETT.

### **Recommended Changes to Cardiovascular Disease Guidelines**

...

National Registry of Certified Medical Examiners: Landing Page. Instructions to Become a Certified Medical Examiner. If



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you are interested in becoming a certified medical examiner, select the link above to learn about the requirements and process.

### **National Registry of Certified Medical Examiners | FMCSA**

The list of certified medical examiners including physicians, nurse practitioners,

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physician assistants and chiropractors. New Requirement Beginning May 21, 2014, drivers will be required to obtain their FMCSA medical examination from a certified medical examiner that is listed on the National Registry.

**National Registry of Certified Medical Examiners | FMCSA**

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Your blood pressure needs to be under 140/90. Stage 1 hypertension , blood pressure between 140/90 - 159/99: 1-year medical certificate, must be renewed every 12 months.; Stage 2 hypertension , blood pressure between 160/100 - 179/109: 3 month medical certification.Full disqualification if not under control after 3 months, until

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controlled. Will be required to renew every 12 months.

**Blood Pressure: DOT Physical - Minimum Requirements And Advice**  
Hearing. General physical exam. A DOT physical can cover up to twelve different categories of wellness, ranging from neurological to vascular. The driver may

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be asked to bring past medical records, and even correctional devices such as eye glasses, contacts or hearing aids to their DOT physical.

### **DOT Physical Requirements: Blood Pressure & Drug Tests ...**

Acute Myocardial Infarction (Heart Attack) At the onset of an acute

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myocardial infarction, the individual should immediately be placed on temporary suspension from DOT certification. To regain certification, the individual must be at least two months past the time of their infarction and must be cleared by a cardiologist to return to work.

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## **DOT Medical Guidelines: Cardiovascular Disease**

The latest general information on the Coronavirus Disease 2019 (COVID-19) is available on [Coronavirus.gov](https://www.covid19.gov). For USDOT specific COVID-19 resources, please visit our page.

**Regulation | US Department of**

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## **Transportation**

DOT CDL Physical Exam Drivers  
Minimum Requirements and  
Qualifications including Vision Acuity,  
Field of Vision (Peripheral Vision) and  
Color perception requirements, Number  
of Limbs, Blood Pressure Limits, Hearing  
Test, Diabetes, Mental Disorders,  
Respiratory System, Prescription Drug



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Use and Controlled Substances, Medical History, Drivers Responsibilities and Duties.

## **DOT CDL Physical Exam Drivers Minimum Requirements**

The Department of Transportation physical card will also be examined. Applicants will be advised that the

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application can be filled out in advance or filled out at the time the fingerprints are taken, however, the application **MUST** be signed in the presence of the examiner taking the fingerprints.

**drive.ky.gov | Commercial Driver's License (CDL)**

Frequently asked questions about

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FMCSA regulations, DOT medical certificate requirements, and the DOT physical exam. Trucker Docs answers commercial driver questions about medical conditions - blood pressure, hypertension, heart disease, diabetes, sleep apnea, medications, drugs, and much more.

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## **Frequently Asked Questions - DOT Physical Requirements**

The physician's report should have full details of the driver's current level of diabetic control. Without a primary physician's waiver, diabetic drivers will not be approved for DOT certification. FMCSA is beginning a National Registry of Certified Medical Examiners (NRCME).

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